



REST House: Weekend Relief

JOB DESCRIPTION

ROLE SUMMARY: Weekend Relief workers at the REST House provide coverage over weekend shifts in order to maintain program consistency and provide stability and safety for each of the residents. This is a restorative housing program for up to six women, ages 18-30, who are recovering from sexual exploitation or commercial sex trafficking. Residents can stay in the home for up to 1 year and receive counseling, case management, education and vocational assistance. The philosophy of the program is largely based on individualized and trauma-informed care, with residents having choices in their program plan while also participating in regularly scheduled and structured supportive classes, groups, activities. The primary aim of this position is to build trusting relationships with residents in a consistent manner while also implementing the program guidelines and structure. This position reports to the Residential Program Supervisor. REST is a Christian organization, dedicated to serving people of all faiths and backgrounds.

ROLES & RESPONSIBILITIES

- Be present in the home to cover weekend shifts (see schedule below)
- Create a nurturing atmosphere that encourages residents to stay engaged with the program
- Enforce program guidelines as laid out in the program handbook
- Work with the REST house team to ensure communication channels are open, active, and working in the best interest of the residents so as not to disrupt their stability in the program
- Implement or plan for activities to take place during your shift
- Use trauma-informed care when working with residents to minimize trauma responses
- Model healthy communication and respond to verbal and non-verbal cues from residents in an empowering manner
- Be mindful to help build a culture of cooperation rather than competition
- Implement spiritual formation activities in a way that's inclusive and engaging
- Ensure cultural differences are appreciated and accepted within the house
- Find creative ways to focus on strengths and encourage residents in their healing process and self-identified goals
- Maintain clear, professional and appropriate boundaries with residents
- Utilize de-escalation or crisis intervention techniques to help residents remain safe and stable within the house
- Maintain confidential information within guidelines established by REST's Confidentiality Policy
- Provide timely and accurate reporting records, mileage logs, and other documentation per agency standards
- Participate in ongoing training, attend staff meetings, and quarterly all-team meetings

QUALIFICATIONS

- Experience working in a residential setting with vulnerable populations preferred
- Able to effectively work in a diverse workplace, and be self-aware regarding issues of race, ethnicity, class, sexual orientation, gender identity, religion/spirituality and disability
- Active and vital relationship with Jesus and part of a supportive community outside of REST
- Employees of REST must agree with the REST statement of faith, available upon request
- Balanced workload so as to sustain the role as a weekend relief worker while also experiencing self-care and times of rest and rejuvenation
- Excellent interpersonal skills and ability to build rapport and trust
- Committed interest in the issues surrounding sexual exploitation
- Committed to cultural competency and increasing opportunities for marginalized populations
- Strong sense of self identification, personal coping skills and conflict resolution
- Technology skills: iPhone; email; basic computer skills
- Understanding of complex trauma is preferred
- Valid driver's license and insurance, clean driving record

Schedule: Friday 7pm - Sunday 7pm, sleeping hours allowed, minimum of two weekends a month

Location: REST House (confidential location)

Hourly: \$16-\$18/hr. DOE