

# Impact

Report 2023

*Opening Doors to  
Freedom Together*



# 2023 at a Glance

Opening Doors to Freedom for 14 Years.

643



Individuals Engaged with REST

305



Individuals Enrolled in REST Services

3,815



Nights of Safe Housing Provided

784



Goals Accomplished

4,092



Information and Referrals Given

6,485



Instances of Emotional Support Given

1,153



Volunteer Hours

34



Trainings Presented by REST

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# Who We Are



## **REST exists to expand pathways to freedom, safety, and hope in order to end sex trafficking.**

When REST started in 2009, the majority of organizations turned away sex trafficking victims because the trauma experience was too complex and the symptoms too overwhelming, implying survivors didn't deserve exit services. We disagreed!

Everyone deserves to be loved, everyone deserves a life free from exploitation. This belief, rooted in the inherent dignity of every person, guides REST. It motivates us to do what it takes to unlock doors to freedom.

Every time a trafficking survivor walks through an open door, change becomes possible. At REST, open doors have brought safety, hope, healing, empowerment, and freedom to thousands over the last decade.

Expanding nationwide, we aim to empower other nonprofits to open more doors for victims. We'll forge partnerships, opening doors to places of power. Survivor leadership will influence change, pushing critical levers toward the eventual end of sex trafficking.

# A Note from Our Board President and Interim CEO



Dear REST Community,

Thank you for joining us in the unwavering belief that everyone is worthy of love and deserves to live a life without exploitation. Your generosity and continued support allowed us to accelerate our work in 2023, expanding pathways to freedom, safety, and hope in order to end sex trafficking.

At REST, we've made significant strides in developing and refining effective services tailored for survivors of sex trafficking since 2009. Our goal has been to build relationships with those in the local sex trade, understand their needs, and serve as a bridge to critical services and resources. This relationship-first and needs-based model has driven our services and culture.



Thanks to our generous donors and dedicated team, REST boasts one of the largest continuums of services in the U.S. exclusively for victims and survivors of sex trafficking. Hundreds engage with REST annually, enrolling in services like community-based advocacy, behavioral health, employment services, or housing programs.

Today, REST is recognized as a leader in the anti-trafficking field, known for survivor-informed, person-centered, and strengths-based services for all ages and genders. As a Christian organization, our faith shines in our values of providing unconditional care, focusing on relationships, recognizing strengths, minimizing barriers, and walking with clients on their journey to freedom.

We spent 2023 in action. We launched a nationwide CEO recruitment effort, provided our expertise at national conferences and to policymakers and local media, and celebrated our clients' success through direct services.

This report introduces you to Brooklyn, one of our survivors who found her path to freedom through REST after overcoming significant trauma. You will also see our impact numbers that highlight the scope and scale of REST's work. Behind each number is a survivor who is worthy of love, a REST team and community of generous supporters who tenaciously ensure each survivor has the opportunity to live a life free of exploitation.

As REST enters an exciting time, we invite our community to deepen its investment and resolve to advance and accelerate the end of sex trafficking. Together, let's expand pathways to freedom, safety, and hope.

With gratitude,

A handwritten signature in black ink that reads "Brent Turner".

Brent Turner  
Board President

A handwritten signature in black ink that reads "M. McCann".

Meghann McCann, J.D.  
Interim CEO

# Survivor-Centric Solutions

## Our Continuum of Care

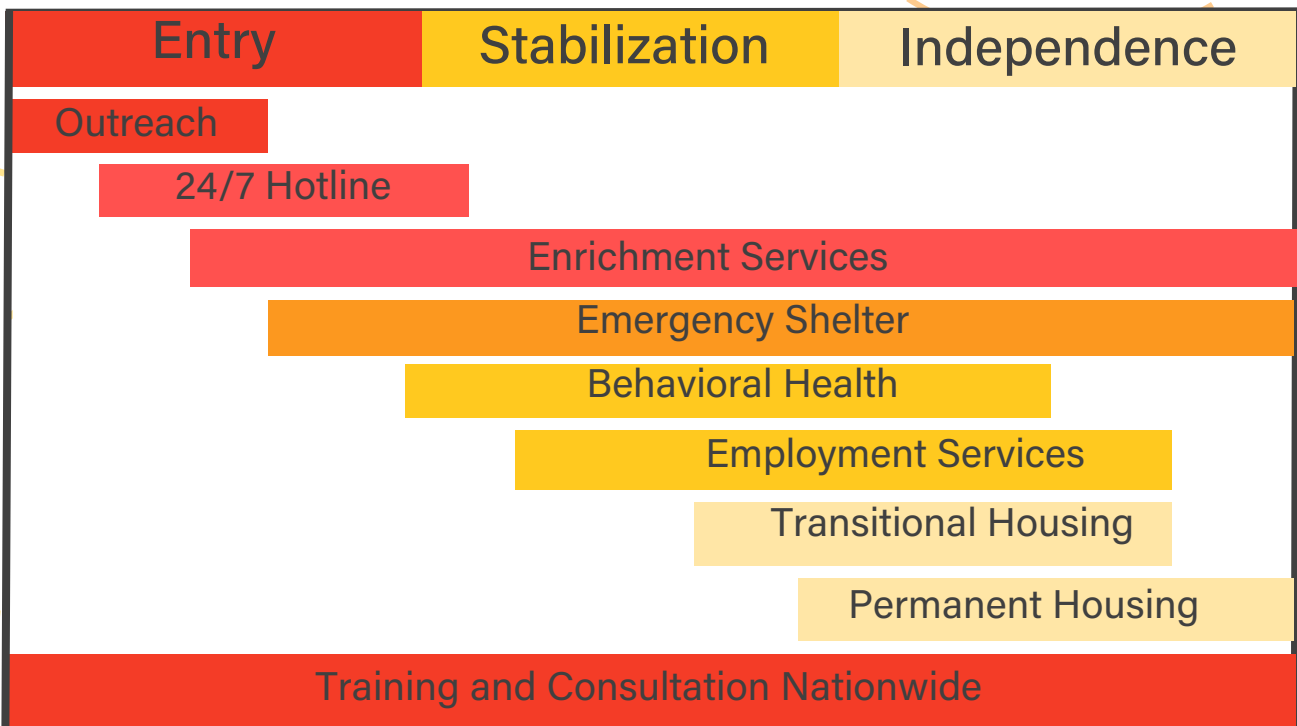
REST offers services along a holistic continuum of unconditional care, seeking to walk alongside survivors of sex trafficking no matter where they're at in their healing journey. Through this continuum, we aim to offer empowering support for survivors to identify and accomplish goals that transition them from entry to stabilization to independence.

## Our Programs

Most survivors learn about REST through word of mouth, street or text outreach, or referrals from other agencies. They regularly call our 24/7 hotline for information and emotional support and drop in for enrichment services, which offer support groups, art therapy, and life skills workshops. Ninety percent (90%) of survivors have experienced homelessness; in such cases, they can stay at our emergency shelter.

All survivors have experienced trauma and can engage with mental health and substance use services. Many need assistance with employment and can access our Employment Services, which have been trained to supervise in a trauma-informed manner. To reach self-efficacy, transitional and permanent housing services are available.

After providing direct services for almost 15 years, REST receives regular requests for training nationwide, and this upcoming year will officially launch training and consultation.



# Meet Brooklyn

Brooklyn spent her entire life fighting to stay out of the life she was essentially born into.

Her dad was a pimp and her mom, a prostitute. When she found REST, she was in an especially vulnerable situation. She was a single mom with no steady income or childcare.

"I was relying on this trick (a man who purchases sex), and he was so cruel. But I didn't have many options. He was like 'what else are you going to do?' He knew how much I needed him, and he was paying all my bills. My daughter's dad wasn't paying anything. It was degrading. I felt low. I was drunk every day."

Brooklyn said REST immediately made all the difference by connecting her to housing resources and helping her access affordable permanent housing.

**“** *It felt like an immediate step to self respect overnight. It felt like something I had been writing poetry about and I finally could speak out loud.* **”**

REST also referred her to an organization that helped pay for school, which meant she could qualify for childcare assistance. It was exactly the break she needed.

"I feel like that set everything in motion. If REST hadn't done that, I wouldn't have been able to get a job, I wouldn't have been able to do anything. I went to school to get my yoga certification. I ended up teaching yoga on weekends and I started a business helping black businesses with social media."

REST also connected Brooklyn to a therapist, who held her accountable and pushed her to make progress. It's been more than a year and Brooklyn has remained sober and out of the sex trade. But she admits, there is always temptation, especially when times are tough.

Read Brooklyn's full story [here](#).

**“** *I think as long as you are fighting to exit, you're exiting.* **”**

# Our Giving Partners



## Foundations & Organizations



**Seattle**



Department of Community and Human Services

Behavioral Health and Recovery Division



**KCRHA**  
King County Regional Homelessness Authority



Office for Victims of Crime  
*Helping Crime Survivors Find Their Justice*



Washington State  
Department of  
**Commerce**

- Atlas Free
- BelPres Legacy Fund
- BEST Alliance
- Biella Foundation
- Byron and Alice Lockwood Foundation
- CHI Franciscan
- Clark R. Smith Foundation
- Pedal the Pacific
- Maple Valley Rotary Foundation
- Rotary Summer
- SAFE

- Stolen Youth
- The Jensen Project
- The Shade Partnership
- Tulalip Foundation
- US Bank



## Corporations

- Adobe Garden at Los Ranchos
- Alaska Airlines
- Amazon
- Anchor Point
- APSE LLC
- Belief & Eden
- Belief Agency
- Birch Equipment
- Bright and Sent
- Burke Museum
- Chapman Homes
- Children's Museum
- Citizen Design Collaborative LLC
- Crumbl
- Dunn Lumber
- Expedia Group
- Facebook
- Fairmont Olympic Hotel
- Fred H. & Mary S. Dore Charita
- Fred Meyer (Kroger)
- Google
- Grand Cinema Theater
- Greet Magazine
- House of Style N Grace
- Impressions Photography
- J. Michael's Pub & Eatery
- Kari Gran
- Love by the Slice
- Macrina Bakery
- Metamorphosis Coaching
- Microsoft
- MoPOP
- Network for Good
- Neural Bridge
- OOLA Distillery
- Passport Unlimited
- Propel Insurance
- Protav Ventures

- Rise Properties
- Robert Jacobs
- Salesforce
- Seattle Kraken
- Seattle Shakespeare Company
- Seattle Symphony
- Slalom LLC
- Studio 3 Creative
- Sweeney Conrad
- Tacoma Art Museum
- Tacoma Little Theater
- Tat's Delicatessen Inc
- Tio Levi
- Twin Peaks Nutrition and Wellness
- Unify Consulting
- Vaital
- Valor Builds Collaborative LLC
- West Coast Candles
- Whole Foods
- Woodland Park Zoo
- Woods Coffee



## Churches

- Advent Anglican
- Bellevue Presbyterian Church
- Berean Bible Church
- Brooklake Community Church
- Calvary Christian Assembly
- Churchome
- CommonHouse Vineyard Christian Fellowship
- Dwelling Place Church in Seattle
- Encounter Church
- First Free Methodist Church
- Grace Church
- Harbor Anglican Church
- Lighthouse Christian Center
- Northshore Community Church
- Northview Community Church
- Overlake Christian Church
- Philadelphia Church
- Rainier Avenue Church
- Rainier Hills Christian Fellowship

# Our Giving Partners

## Churches

- Redeemer Church
- Saint Spiridon Orthodox Cathedra
- Seattle Community Church
- Sideris Church
- St. Monica Catholic Church
- St. Patrick Church
- Trinity Lutheran Church
- Woman at the Well



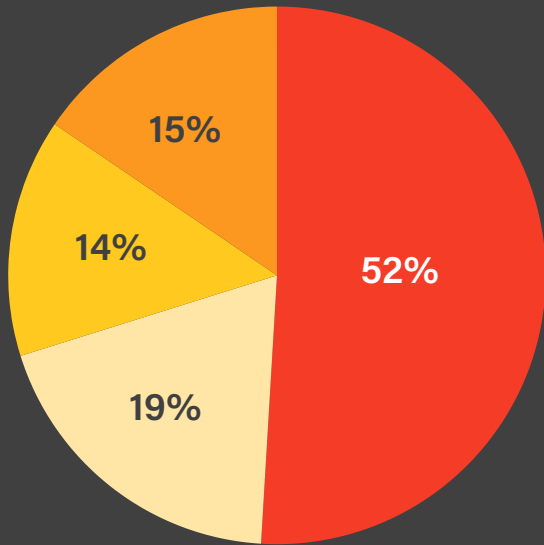
## Board of Directors & Staff Leadership

- Brent Turner, Board President
- Amanda Hightower, Board Vice President
- Renée Wallace, Board Secretary
- Jesse Bryan
- Linaya Bunbury
- Will Little
- Violetta Stringer
- Meghann McCann, Interim CEO
- Audrey Baedke, Director of Programs
- LaTonja King, Director of Operations & Human Resources
- Sophia Duus, Director of Finance
- Lisa O'Dell, Engagement Manager
- Ashley Mabbitt, Marketing & Communications Manager



# FY23 Financial Information

## Operating Revenue

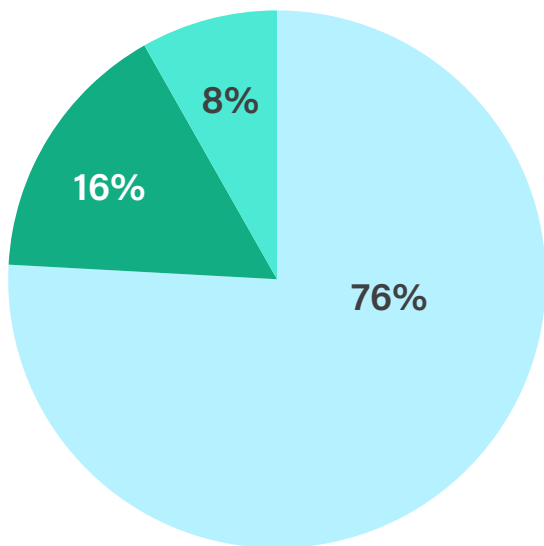


Grants	\$2,452,049
Donations	\$924,695
Fundraising Events	\$690,394
Other Income*	\$745,799

**Total: \$4,812,937**

*\*ERTC tax credit*

## Operating Expenses



Program	\$3,251,452
Fundraising	\$682,386
Management	\$351,971

**Total: \$4,285,809**



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*REST is a 501(c)(3) organization.  
All donations are tax-deductible.  
EIN #45-3531020*

# You deserve to be loved.

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With few carefully evaluated exceptions, we do not publish or share photos of REST clients.*